

Memorial Christophe Jorissen 2024  
SportinGenk Park, 19/5/2024

Programmanr. 14  
19/05/2024 - 12:54

Dames, 400m wisselslag

13 jaar en ouder  
Resultaten

Punten: FINA 2024

Rang	Geb.		Tijd		Pnt	100m	200m	300m	400m
<b>13 - 14 jaar</b>									
1.	VERVLOET, Zoé	10	GZVN	<b>5:28.97</b>	527	1:18.40	1:25.98	1:34.37	1:10.22
	50m: 34.78	34.78	150m: 2:02.47	44.07	250m: 3:31.61	47.23	350m: 4:54.20	35.45	
	100m: 1:18.40	43.62	200m: 2:44.38	41.91	300m: 4:18.75	47.14	400m: 5:28.97	34.77	
2.	VANDERLINDEN, Paulien	11	BEST	<b>5:45.48</b>	455	1:25.32	1:25.73	1:36.11	1:18.32
	50m: 40.07	40.07	150m: 2:09.04	43.72	250m: 3:38.72	47.67	350m: 5:08.21	41.05	
	100m: 1:25.32	45.25	200m: 2:51.05	42.01	300m: 4:27.16	48.44	400m: 5:45.48	37.27	
3.	CUYPERS, Linne	10	GZVN	<b>6:08.96</b>	374	1:22.55	1:37.16	1:49.25	1:20.00
	50m: 36.61	36.61	150m: 2:12.78	50.23	250m: 3:53.93	54.22	350m: 5:29.24	40.28	
	100m: 1:22.55	45.94	200m: 2:59.71	46.93	300m: 4:48.96	55.03	400m: 6:08.96	39.72	

**15 - 16 jaar**

1.	VERTESSEN, Fran	09	DBT	<b>5:18.98</b>	579	1:09.53	1:27.15	1:28.27	1:14.03
	50m: 32.00	32.00	150m: 1:54.05	44.52	250m: 3:19.83	43.15	350m: 4:44.02	39.07	
	100m: 1:09.53	37.53	200m: 2:36.68	42.63	300m: 4:04.95	45.12	400m: 5:18.98	34.96	

**17 jaar en ouder**

1.	THEUWIS, Rune	02	DMB	<b>5:28.48</b>	530	1:17.27	1:25.50	1:32.96	1:12.75
	50m: 35.69	35.69	150m: 2:00.33	43.06	250m: 3:28.79	46.02	350m: 4:53.24	37.51	
	100m: 1:17.27	41.58	200m: 2:42.77	42.44	300m: 4:15.73	46.94	400m: 5:28.48	35.24	
2.	VANDERBRUGGEN, Luca	07	KLSVZ	<b>5:36.74</b>	492	1:11.75	1:27.43	1:42.52	1:15.04
	50m: 33.02	33.02	150m: 1:56.66	44.91	250m: 3:31.04	51.86	350m: 5:00.06	38.36	
	100m: 1:11.75	38.73	200m: 2:39.18	42.52	300m: 4:21.70	50.66	400m: 5:36.74	36.68	
3.	COOMANS, Emely	07	DMB	<b>6:02.12</b>	395	1:19.78	1:30.74	1:50.17	1:21.43
	50m: 35.89	35.89	150m: 2:05.65	45.87	250m: 3:45.65	55.13	350m: 5:22.38	41.69	
	100m: 1:19.78	43.89	200m: 2:50.52	44.87	300m: 4:40.69	55.04	400m: 6:02.12	39.74	