

Memorial Christophe Jorissen 2024
SportinGenk Park, 19/5/2024

Programmanr. 26
19/05/2024 - 17:58

Dames, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2024

Rang	Geb.	Tijd	Pnt	100m	200m	300m	400m		
11 - 12 jaar									
1.	JANSSEN, Lauren	12	GZVN	5:35.19	346	1:20.47	1:26.75	1:26.68	1:21.29
	50m: 37.23	37.23	150m: 2:04.03	43.56	250m: 3:30.55	43.33	350m: 4:56.20	42.30	
	100m: 1:20.47	43.24	200m: 2:47.22	43.19	300m: 4:13.90	43.35	400m: 5:35.19	38.99	
2.	DAS, Louise	13	STZC	5:42.55	324	1:22.62	1:27.46	1:27.70	1:24.77
	50m: 39.63	39.63	150m: 2:06.65	44.03	250m: 3:34.29	44.21	350m: 5:02.35	44.57	
	100m: 1:22.62	42.99	200m: 2:50.08	43.43	300m: 4:17.78	43.49	400m: 5:42.55	40.20	
3.	SCHEEPERS, Coco	13	SG Patrick - De Roersoppe	5:44.85	317	1:24.11	1:29.23	1:27.26	1:24.25
	50m: 39.76	39.76	150m: 2:08.28	44.17	250m: 3:37.66	44.32	350m: 5:04.53	43.93	
	100m: 1:24.11	44.35	200m: 2:53.34	45.06	300m: 4:20.60	42.94	400m: 5:44.85	40.32	
4.	ARDU, Peppa Jolene	12	DBT	5:48.43	308	1:20.86	1:30.14	1:30.89	1:26.54
	50m: 38.17	38.17	150m: 2:05.71	44.85	250m: 3:37.34	46.34	350m: 5:06.41	44.52	
	100m: 1:20.86	42.69	200m: 2:51.00	45.29	300m: 4:21.89	44.55	400m: 5:48.43	42.02	
5.	BERGHS, Jinse	12	GZVN	5:54.12	293	1:24.40	1:30.14	1:31.78	1:27.80
	50m: 40.10	40.10	150m: 2:09.38	44.98	250m: 3:40.57	46.03	350m: 5:11.99	45.67	
	100m: 1:24.40	44.30	200m: 2:54.54	45.16	300m: 4:26.32	45.75	400m: 5:54.12	42.13	
6.	DE BELDER, Kato	12	DMB	5:54.21	293	1:22.67	1:33.10	1:32.40	1:26.04
	50m: 38.60	38.60	150m: 2:09.46	46.79	250m: 3:41.70	45.93	350m: 5:13.41	45.24	
	100m: 1:22.67	44.07	200m: 2:55.77	46.31	300m: 4:28.17	46.47	400m: 5:54.21	40.80	
7.	NOUWEN, Fleur	13	DMB	5:57.40	285	1:25.39	1:33.72	1:33.59	1:24.70
	50m: 40.10	40.10	150m: 2:12.37	46.98	250m: 3:46.32	47.21	350m: 5:18.83	46.13	
	100m: 1:25.39	45.29	200m: 2:59.11	46.74	300m: 4:32.70	46.38	400m: 5:57.40	38.57	
8.	CUYPERS, Manon	12	GZVN	6:10.03	257	1:26.71	1:33.94	1:35.49	1:33.89
	50m: 40.97	40.97	150m: 2:13.43	46.72	250m: 3:48.91	48.26	350m: 5:23.89	47.75	
	100m: 1:26.71	45.74	200m: 3:00.65	47.22	300m: 4:36.14	47.23	400m: 6:10.03	46.14	
9.	MOORS, Nora	12	DBT	6:14.52	248	1:24.51	1:35.68	1:37.78	1:36.55
	50m: 38.87	38.87	150m: 2:11.84	47.33	250m: 3:48.91	48.72	350m: 5:26.09	48.12	
	100m: 1:24.51	45.64	200m: 3:00.19	48.35	300m: 4:37.97	49.06	400m: 6:14.52	48.43	
10.	BEERTEN, Florence	13	DBT	6:19.26	239	1:29.17	1:36.35	1:37.51	1:36.23
	50m: 41.60	41.60	150m: 2:17.43	48.26	250m: 3:54.50	48.98	350m: 5:32.64	49.61	
	100m: 1:29.17	47.57	200m: 3:05.52	48.09	300m: 4:43.03	48.53	400m: 6:19.26	46.62	
11.	RATSITSKA, Irini	13	GZVN	6:41.44	201	1:32.80	1:45.11	1:44.53	1:39.00
	50m: 42.75	42.75	150m: 2:25.17	52.37	250m: 4:10.04	52.13	350m: 5:55.06	52.62	
	100m: 1:32.80	50.05	200m: 3:17.91	52.74	300m: 5:02.44	52.40	400m: 6:41.44	46.38	
12.	GABRIËLS, Amelia	12	GZVN	6:42.09	200	1:35.83	1:44.42	1:44.81	1:37.03
	50m: 44.97	44.97	150m: 2:27.97	52.14	250m: 4:12.06	51.81	350m: 5:55.80	50.74	
	100m: 1:35.83	50.86	200m: 3:20.25	52.28	300m: 5:05.06	53.00	400m: 6:42.09	46.29	
13.	VOS, Birthe	12	ZDKB	7:05.88	168	1:38.55	1:51.29	1:53.80	1:42.24
	50m: 45.11	45.11	150m: 2:34.54	55.99	250m: 4:27.02	57.18	350m: 6:19.43	55.79	
	100m: 1:38.55	53.44	200m: 3:29.84	55.30	300m: 5:23.64	56.62	400m: 7:05.88	46.45	
13 - 14 jaar									
1.	VERVLOET, Zoé	10	GZVN	4:37.72	608	1:07.15	1:12.71	1:10.36	1:07.50
	50m: 31.20	31.20	150m: 1:43.54	36.39	250m: 2:54.85	34.99	350m: 4:03.96	33.74	
	100m: 1:07.15	35.95	200m: 2:19.86	36.32	300m: 3:30.22	35.37	400m: 4:37.72	33.76	
2.	WEVERS, Gitte	11	DMB	5:09.61	439	1:13.75	1:19.02	1:19.88	1:16.96
	50m: 34.65	34.65	150m: 1:53.27	39.52	250m: 3:12.91	40.14	350m: 4:31.81	39.16	
	100m: 1:13.75	39.10	200m: 2:32.77	39.50	300m: 3:52.65	39.74	400m: 5:09.61	37.80	
3.	HIEL, Lina	10	DBT	5:10.39	436	1:12.31	1:18.66	1:21.00	1:18.42
	50m: 33.92	33.92	150m: 1:51.13	38.82	250m: 3:11.18	40.21	350m: 4:31.62	39.65	
	100m: 1:12.31	38.39	200m: 2:30.97	39.84	300m: 3:51.97	40.79	400m: 5:10.39	38.77	
4.	KERCKHOFS, Nienke	11	BEST	5:15.41	415	1:16.19	1:22.75	1:20.77	1:15.70
	50m: 35.80	35.80	150m: 1:57.54	41.35	250m: 3:18.96	40.02	350m: 4:38.73	39.02	
	100m: 1:16.19	40.39	200m: 2:38.94	41.40	300m: 3:59.71	40.75	400m: 5:15.41	36.68	
5.	CUYPERS, Linne	10	GZVN	5:16.36	411	1:16.52	1:20.46	1:20.67	1:18.71
	50m: 37.17	37.17	150m: 1:56.51	39.99	250m: 3:17.28	40.30	350m: 4:37.33	39.68	
	100m: 1:16.52	39.35	200m: 2:36.98	40.47	300m: 3:57.65	40.37	400m: 5:16.36	39.03	

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Programmanr. 26, Meisjes, 400m vrije slag, 13 - 14 jaar

Rang	Geb.		Tijd	Pnt	100m	200m	300m	400m	
6.	DESMET, Sterre	11	KLSVZ	5:20.29	396	1:15.98	1:21.47	1:22.16	1:20.68
	50m: 36.26	36.26	150m: 1:56.63	40.65	250m: 3:18.29	40.84	350m: 4:41.25	41.64	
	100m: 1:15.98	39.72	200m: 2:37.45	40.82	300m: 3:59.61	41.32	400m: 5:20.29	39.04	
7.	BEUNCKENS, Tess	11	GZVN	5:23.32	385	1:15.35	1:24.87	1:23.45	1:19.65
	50m: 35.24	35.24	150m: 1:57.66	42.31	250m: 3:21.81	41.59	350m: 4:44.95	41.28	
	100m: 1:15.35	40.11	200m: 2:40.22	42.56	300m: 4:03.67	41.86	400m: 5:23.32	38.37	
8.	KOREN, Zara	11	GZVN	5:25.07	379	1:17.35	1:23.99	1:23.90	1:19.83
	50m: 36.29	36.29	150m: 1:59.05	41.70	250m: 3:23.03	41.69	350m: 4:46.40	41.16	
	100m: 1:17.35	41.06	200m: 2:41.34	42.29	300m: 4:05.24	42.21	400m: 5:25.07	38.67	
9.	COPERMANS, Sam	11	HZS	5:27.27	372	1:16.83	1:24.85	1:23.73	1:21.86
	50m: 36.37	36.37	150m: 1:59.35	42.52	250m: 3:23.72	42.04	350m: 5:03.17	44.16	
	100m: 1:16.83	40.46	200m: 2:41.68	42.33	300m: 4:05.41	41.69	400m: 5:27.27		
10.	MARTENS, Ries	11	GZVN	5:35.91	344	1:20.79	1:26.83	1:26.26	1:22.03
	50m: 37.59	37.59	150m: 2:04.13	43.34	250m: 3:31.49	43.87	350m: 4:56.47	42.59	
	100m: 1:20.79	43.20	200m: 2:47.62	43.49	300m: 4:13.88	42.39	400m: 5:35.91	39.44	
11.	JANSEN, Eline	11	PZC	5:41.56	327	1:20.57	1:27.13	1:27.63	1:26.23
	50m: 38.60	38.60	150m: 2:03.92	43.35	250m: 3:31.38	43.68	350m: 4:59.53	44.20	
	100m: 1:20.57	41.97	200m: 2:47.70	43.78	300m: 4:15.33	43.95	400m: 5:41.56	42.03	
12.	POEL, Maren	11	DBT	5:45.68	315	1:21.65	1:28.57	1:28.79	1:26.67
	50m: 38.79	38.79	150m: 2:05.66	44.01	250m: 3:34.63	44.41	350m: 5:03.17	44.16	
	100m: 1:21.65	42.86	200m: 2:50.22	44.56	300m: 4:19.01	44.38	400m: 5:45.68	42.51	
13.	TEKAY, Sedef	10	PZC	6:03.53	271	1:23.40	1:34.04	1:36.00	1:30.09
	50m: 38.70	38.70	150m: 2:09.79	46.39	250m: 3:45.43	47.99	350m: 5:20.61	47.17	
	100m: 1:23.40	44.70	200m: 2:57.44	47.65	300m: 4:33.44	48.01	400m: 6:03.53	42.92	
14.	GONNISSEN, Annabelle	10	PZC	6:03.59	271	1:26.56	1:35.82	1:33.33	1:27.88
	50m: 39.97	39.97	150m: 2:14.20	47.64	250m: 3:49.26	46.88	350m: 5:21.92	46.21	
	100m: 1:26.56	46.59	200m: 3:02.38	48.18	300m: 4:35.71	46.45	400m: 6:03.59	41.67	
15.	RIEDL, Linde	10	ZDKB	6:18.14	241	1:25.17	1:38.25	1:41.02	1:33.70
	50m: 39.47	39.47	150m: 2:13.36	48.19	250m: 3:54.44	51.02	350m: 5:32.66	48.22	
	100m: 1:25.17	45.70	200m: 3:03.42	50.06	300m: 4:44.44	50.00	400m: 6:18.14	45.48	
16.	CYPERS DE LANDRECY, 11	11	PZC	6:29.96	219	1:30.39	1:41.42	1:39.61	1:38.54
	50m: 41.81	41.81	150m: 2:20.98	50.59	250m: 4:01.00	49.19	350m: 5:42.70	51.28	
	100m: 1:30.39	48.58	200m: 3:11.81	50.83	300m: 4:51.42	50.42	400m: 6:29.96	47.26	
17.	WOLFS, Lola	10	ZDKB	6:35.65	210	1:29.33	1:43.30	1:46.05	1:36.97
	50m: 41.44	41.44	150m: 2:20.35	51.02	250m: 4:05.71	53.08	350m: 5:50.58	51.90	
	100m: 1:29.33	47.89	200m: 3:12.63	52.28	300m: 4:58.68	52.97	400m: 6:35.65	45.07	

15 - 16 jaar

1.	BUSSELS, Fleur	08	DMB	4:36.69	615	1:05.28	1:11.90	1:11.15	1:08.36
	50m: 30.09	30.09	150m: 1:41.07	35.79	250m: 2:52.36	35.18	350m: 4:03.50	35.17	
	100m: 1:05.28	35.19	200m: 2:17.18	36.11	300m: 3:28.33	35.97	400m: 4:36.69	33.19	
2.	VAN HOOFF, Floor	08	LAQUA	4:58.46	490	1:10.57	1:15.97	1:16.61	1:15.31
	50m: 33.35	33.35	150m: 1:48.71	38.14	250m: 3:04.60	38.06	350m: 4:21.32	38.17	
	100m: 1:10.57	37.22	200m: 2:26.54	37.83	300m: 3:43.15	38.55	400m: 4:58.46	37.14	
3.	TORDEUR, Lucie	09	GZVN	5:02.36	471	1:12.53	1:16.50	1:17.64	1:15.69
	50m: 34.65	34.65	150m: 1:50.95	38.42	250m: 3:07.58	38.55	350m: 4:24.98	38.31	
	100m: 1:12.53	37.88	200m: 2:29.03	38.08	300m: 3:46.67	39.09	400m: 5:02.36	37.38	
4.	DE BAERDEMAEKER, P.	08	LAQUA	5:02.72	470	1:11.61	1:17.21	1:16.60	1:17.30
	50m: 34.46	34.46	150m: 1:50.11	38.50	250m: 3:07.02	38.20	350m: 4:24.45	39.03	
	100m: 1:11.61	37.15	200m: 2:28.82	38.71	300m: 3:45.42	38.40	400m: 5:02.72	38.27	
5.	VANDEPUTTE, Eebe	08	BEST	5:03.67	465	1:12.87	1:19.64	1:17.66	1:13.50
	50m: 34.61	34.61	150m: 1:52.66	39.79	250m: 3:11.63	39.12	350m: 4:28.49	38.32	
	100m: 1:12.87	38.26	200m: 2:32.51	39.85	300m: 3:50.17	38.54	400m: 5:03.67	35.18	
6.	RENETTE, Lena	09	DBT	5:04.23	463	1:14.14	1:19.94	1:17.24	1:12.91
	50m: 34.56	34.56	150m: 1:53.65	39.51	250m: 3:13.99	39.91	350m: 4:29.48	38.16	
	100m: 1:14.14	39.58	200m: 2:34.08	40.43	300m: 3:51.32	37.33	400m: 5:04.23	34.75	
7.	THEUWIS, Lisabet	09	DMB	5:16.11	412	1:16.17	1:21.85	1:20.62	1:17.47
	50m: 35.87	35.87	150m: 1:57.06	40.89	250m: 3:18.43	40.41	350m: 4:38.45	39.81	
	100m: 1:16.17	40.30	200m: 2:38.02	40.96	300m: 3:58.64	40.21	400m: 5:16.11	37.66	

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Programmanr. 26, Meisjes, 400m vrije slag, 15 - 16 jaar

Rang	Geb.		Tijd		Pnt	100m	200m	300m	400m			
8.	JANSEN, Roos	08	PZC	5:17.49	407	1:12.51	1:20.78	1:22.44	1:21.76			
	50m:	34.37	34.37	150m:	1:51.82	39.31	250m:	3:14.46	41.17	350m:	4:37.18	41.45
	100m:	1:12.51	38.14	200m:	2:33.29	41.47	300m:	3:55.73	41.27	400m:	5:17.49	40.31
9.	CASTILLO RONQUILLO, E08		PZC	5:24.47	381	1:14.07	1:21.64	1:25.35	1:23.41			
	50m:	35.03	35.03	150m:	1:54.47	40.40	250m:	3:17.99	42.28	350m:	4:43.74	42.68
	100m:	1:14.07	39.04	200m:	2:35.71	41.24	300m:	4:01.06	43.07	400m:	5:24.47	40.73
10.	BEYLEMANS, Katho	08	PZC	5:33.43	351	1:20.27	1:26.04	1:24.69	1:22.43			
	50m:	38.12	38.12	150m:	2:03.41	43.14	250m:	3:27.90	41.59	350m:	4:53.31	42.31
	100m:	1:20.27	42.15	200m:	2:46.31	42.90	300m:	4:11.00	43.10	400m:	5:33.43	40.12
11.	BEYLEMANS, Emma	09	PZC	6:01.10	276	1:26.78	1:33.06	1:33.87	1:27.39			
	50m:	40.46	40.46	150m:	2:14.58	47.80	250m:	3:47.48	47.64	350m:	5:18.44	44.73
	100m:	1:26.78	46.32	200m:	2:59.84	45.26	300m:	4:33.71	46.23	400m:	6:01.10	42.66
12.	COLSON, Fleur	08	LIZV	6:07.32	263	1:25.57	1:34.51	1:35.84	1:31.40			
	50m:	40.56	40.56	150m:	2:13.25	47.68	250m:	3:47.85	47.77	350m:	5:23.85	47.93
	100m:	1:25.57	45.01	200m:	3:00.08	46.83	300m:	4:35.92	48.07	400m:	6:07.32	43.47

17 jaar en ouder

1.	THEUWIS, Rune	02	DMB	4:47.10	551	1:07.17	1:13.05	1:13.92	1:12.96			
	50m:	31.99	31.99	150m:	1:43.63	36.46	250m:	2:56.88	36.66	350m:	4:11.40	37.26
	100m:	1:07.17	35.18	200m:	2:20.22	36.59	300m:	3:34.14	37.26	400m:	4:47.10	35.70
2.	BROUX, Elise	05	GZVN	4:48.33	544	1:07.14	1:13.87	1:14.27	1:13.05			
	50m:	31.63	31.63	150m:	1:43.92	36.78	250m:	2:57.91	36.90	350m:	4:12.58	37.30
	100m:	1:07.14	35.51	200m:	2:21.01	37.09	300m:	3:35.28	37.37	400m:	4:48.33	35.75
3.	THEUWIS, Nelle	06	DMB	4:50.19	533	1:07.29	1:14.50	1:15.34	1:13.06			
	50m:	32.02	32.02	150m:	1:44.31	37.02	250m:	2:59.30	37.51	350m:	4:14.57	37.44
	100m:	1:07.29	35.27	200m:	2:21.79	37.48	300m:	3:37.13	37.83	400m:	4:50.19	35.62
4.	VANDERBRUGGEN, Luca07		KLSVZ	4:50.35	532	1:09.11	1:14.36	1:14.54	1:12.34			
	50m:	33.08	33.08	150m:	1:46.37	37.26	250m:	3:00.78	37.31	350m:	4:14.82	36.81
	100m:	1:09.11	36.03	200m:	2:23.47	37.10	300m:	3:38.01	37.23	400m:	4:50.35	35.53
5.	KOZULYA, Mila	07	GZVN	5:19.04	401	1:13.52	1:23.91	1:23.95	1:17.66			
	50m:	34.59	34.59	150m:	1:54.93	41.41	250m:	3:19.81	42.38	350m:	4:42.99	41.61
	100m:	1:13.52	38.93	200m:	2:37.43	42.50	300m:	4:01.38	41.57	400m:	5:19.04	36.05
6.	VANKEVELAER, Nele	01	LIZV	5:51.48	300	1:22.50	1:30.47	1:30.99	1:27.52			
	50m:	39.19	39.19	150m:	2:07.50	45.00	250m:	3:37.99	45.02	350m:	5:09.48	45.52
	100m:	1:22.50	43.31	200m:	2:52.97	45.47	300m:	4:23.96	45.97	400m:	5:51.48	42.00
7.	PAULUSSEN, Sabine	01	LIZV	5:52.15	298	1:22.80	1:30.65	1:31.04	1:27.66			
	50m:	39.80	39.80	150m:	2:08.17	45.37	250m:	3:39.13	45.68	350m:	5:10.78	46.29
	100m:	1:22.80	43.00	200m:	2:53.45	45.28	300m:	4:24.49	45.36	400m:	5:52.15	41.37